

Ride Prepared

Recommended Gear

Fitted and Adjusted Bicycle

Be sure your bicycle is adjusted to fit you properly. Check tires, chains, brakes, and other moving parts. Your bicycle must be equipped with a brake which will enable you to stop on dry, level, clean pavement.

Clothing

Light and bright colored clothing and safety vests help to make a bicyclist more visible, especially at dusk or at night. Added reflective material on your clothing and bicycle is recommended when night riding is required.

Racks, Packs and Trailers

If you plan on carrying any packages, bundles or any articles you must be able to keep both hands on the handlebars. A variety of racks, packs, and trailers can be fitted on your bicycle to transport goods.

Use of This Map

This guide is published by the Michigan Department of Transportation (MDOT) as an aid to bicyclists and is not intended to be a substitute for a person's use of reasonable care. MDOT makes no express or implied warranty as to the safety or condition of the roads indicated; the user of this map bears full responsibility for his or her safety. Conditions indicated on the map are subject to change, be prepared to make your own evaluation of the traffic, roads, and trails; and plan routes appropriate to riding skills. All public and private entities and persons involved in the creation of this map disclaim responsibility and shall not be answerable or held accountable in any manner for loss, damage or injury that may be suffered as the result of the use of this map.

Tourist Information

Vacation and accommodation information can be obtained from the following organizations. The same information can be obtained at Michigan's 13 Welcome Centers, located on major highways throughout Michigan.

Travel Michigan

www.michigan.org
888-78-GREAT (TDD: 800-722-8191)

Metropolitan Detroit Convention & Visitors Bureau

www.visitdetroit.com
800-DETROIT (800-338-7648)

Blue Water Area Convention & Visitors Bureau

www.bluewater.org
800-852-4242

Bicycle Safety

Rights and Responsibilities

In general, bicyclists on public roadways have the same rights and responsibilities as automobile drivers and are subject to the same state laws and local ordinances. For everyone's safety observe these bicycling rules and safety tips.

Be Predictable

Operating a bicycle as a vehicle makes your movements more predictable to others and improves safety for everyone.

Use Lights at Night

State law requires a front white light visible for 500 feet and a rear red reflector visible for 600 feet. A flashing red light in the rear is recommended. Bright and reflective clothing is recommended at all times of the day and night.

Ride with Traffic

Motorists are not looking for bicyclists riding on the wrong side of the road. State law requires that cyclists ride with the flow of traffic.

Signal Your Turns

Hand signals are required by state law to alert motorists, pedestrians and other bikers of your intentions.

Yield to Pedestrians

When operating on a shared use trail or sidewalk, bicyclists must yield the right of way to pedestrians and shall give an audible signal before overtaking and passing a pedestrian.

Keep to the Right and Ride Only Two abreast

Bicyclists should keep as far to the right as practicable, moving left to avoid hazards and to position themselves in the appropriate designated through or turn lanes. No more than two bicyclists should ride side by side in a public roadway.

Make Left Turns Safely

There are two ways to make a left turn. First, like a car: signal, move into the left-turn lane and then turn. Second, like a pedestrian: ride straight across the intersection to the far side crosswalk and wait for the pedestrian signal to cross the street in the crosswalk. When using the second method, care should be given when merging back with traffic.

Ride in a Straight Line and Avoid Car Doors

Parked cars opening doors can seriously injure cyclists. Keep at least an open car door distance away from parked cars and ride in a straight line where there are gaps between parked cars.

Wear a Helmet

While not required by law, a properly fitted helmet is essential safety gear. Helmets should be worn such that they cover the forehead and are above the eyebrows. Helmets should fit snugly and not move around while riding.

Watch for Cars Pulling Out

Always assume that motorists do not see you. Keep an eye out for cars pulling into traffic from parking spaces, driveways and intersecting streets.

Watch for Hazards

Watch out for sewer grates, slippery manhole covers, oily pavement, snow and ice. Cross railroad tracks at right angles. It is not necessary to use a bike lane or paved shoulders if hazards such as debris and poor pavement conditions make it unsafe.

Bells and Horns

It is recommended that a bicycle be equipped with a bell or other device capable of giving a signal audible from a distance of at least 100 feet.

Safety Accessories

Water bottles, tire repair kits, mirrors, locks, and first aid kits help make each trip safer and the cyclist more self sufficient.

Bicycle Resources

Michigan Department of Natural Resources

MDNR promotes the development of trail systems throughout the state. They work with local agencies in trail development, planning and design, and administer a number of funding programs. Please contact the MDNR, Recreation & Camping Division, Trails and Pathways Branch, P.O. Box 30452, Lansing, MI 48909. 517-373-1275 www.michigan.gov/dnr

Michigan Mountain Biking Association

MMBA promotes responsible mountain biking and works towards the goals of common land access and natural resource protection through interaction with policy makers, the cycling industry, race promoters, mountain bikers and other trail users. For information please write to Michigan Mountain Biking Association, 5119 Highland Rd. #268, Waterford, MI 48328. 616-785-0120 www.mmba.org

Michigan Department of Transportation

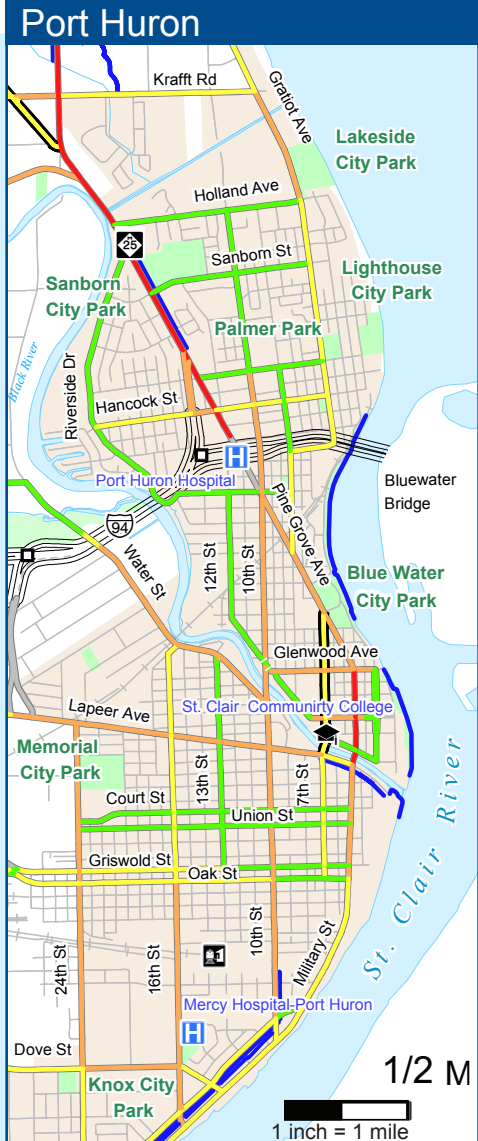
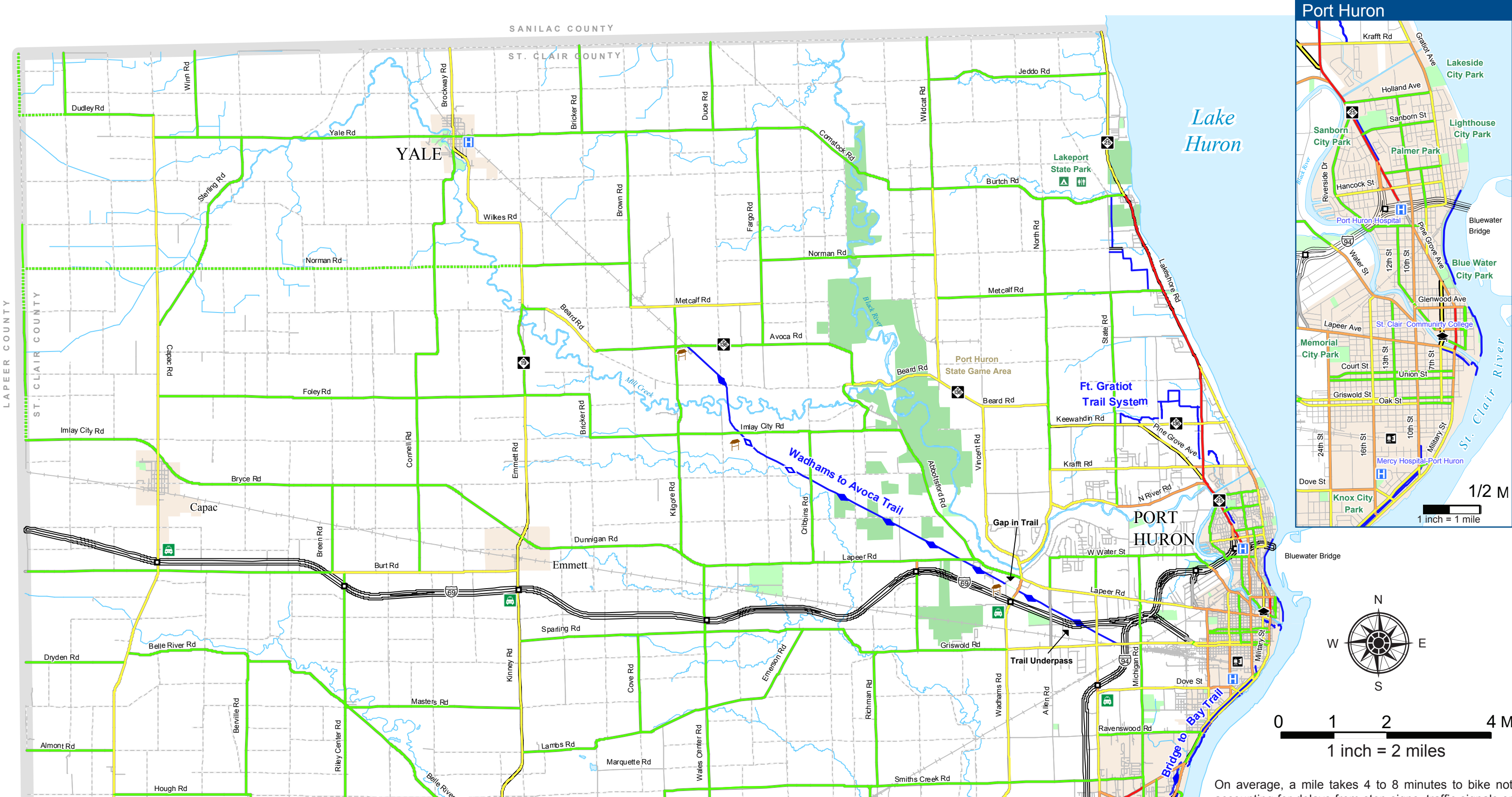
MDOT provides maps and other information on safe bicycling as well as guidance on how to transport bicycles on ferries and major bridges.

Michigan Trails and Greenway Alliance

MTGA is a non-profit organization that fosters and facilitates the creation of an interconnected statewide system of trails and greenways for recreation, health, transportation, economic development and environmental and cultural preservation purposes. MTGA works at both the state and local levels by assisting public and private interest in trail and greenway planning, funding, development and maintenance. For more information please contact the Michigan Trails and Greenway Alliance at 1213 Center St. Lansing, MI 48906. 517-485-6022 www.michigantrails.org

League of Michigan Bicyclists

LMB is a nonprofit membership organization, which promotes bicycling for recreation and transportation in Michigan. The LMB works with MDOT and other state and local agencies to improve conditions for bicycling in Michigan. For more information and a free brochure listing membership benefits and services please contact The League of Michigan Bicyclists, 416 S. Cedar Street Suite A, Lansing, MI 48912. 517-334-9100 or 1-888-MI-BIKES www.lmb.org



0 1 2 4 M
1 inch = 2 miles

On average, a mile takes 4 to 8 minutes to bike not accounting for delays from stop signs, traffic signals or traffic.

Approximate distance traveled in 15 minutes

At a speed of 8 mph
At a speed of 15 mph

Please note that these maps are presented at a different scale than other MDOT Bike Maps.

Map Information

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MDOT
Michigan Department of Transportation

The Michigan Department of Transportation provides information and planning assistance for nonmotorized transportation facilities. For further information or for any comments, suggestions, or corrections regarding this map please contact:

MDOT Intermodal Policy Division
P.O. Box 30050, Lansing, MI 48909
Phone: 517-335-2918

For information on state road projects specific to this region please contact:

MDOT Metro Region Office
18101 W. Nine Mile Rd.
Southfield, MI 48075
Phone: 248-483-5100

To order additional maps, please visit the Michigan Department of Transportation website at www.michigan.gov/mdot-biking

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Federal Highway Administration

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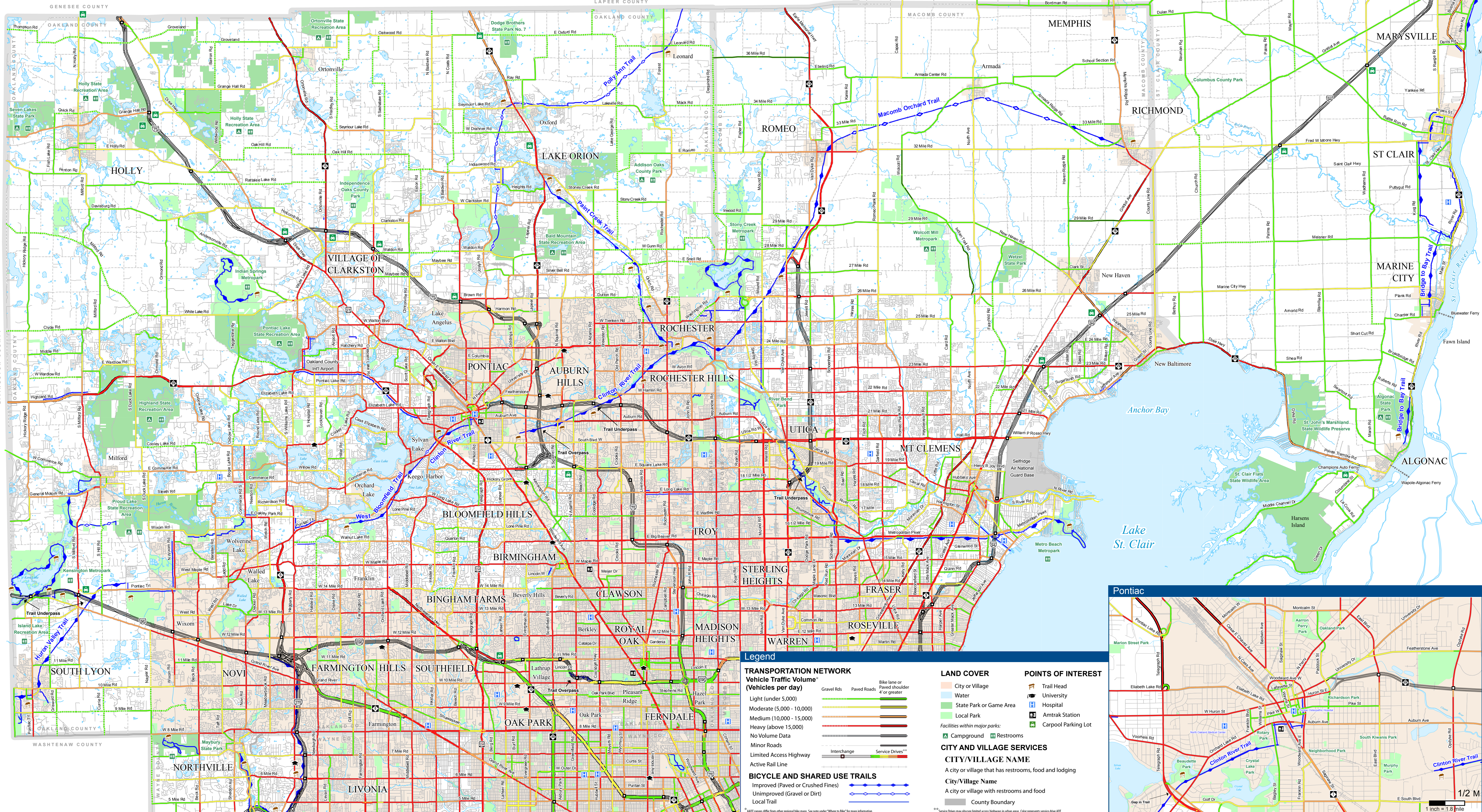
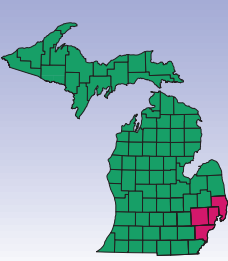
Metro Region Road and Trail Bicycling Guide

\$5.00
value



Counties of:
Macomb, Oakland, St. Clair, Wayne

MDOT
Michigan Department of Transportation



Legend

TRANSPORTATION NETWORK Vehicle Traffic Volume* (Vehicles per day)

Light (under 5,000)
Moderate (5,000 - 10,000)
Medium (10,000 - 15,000)
Heavy (above 15,000)
No Volume Data
Minor Roads
Limited Access Highway
Active Rail Line

BICYCLE AND SHARED USE TRAILS

Improved (Paved or Crushed Stone)
Unimproved (Gravel or Dirt)
Local Trail

LAND COVER

City or Village
Water
State Park or Game Area
Local Park
Facilities within major parks:
Campground
Restrooms

POINTS OF INTEREST

Trail Head
University
Hospital
Amtrak Station
Carpool Parking Lot

CITY AND VILLAGE SERVICES

CITY/VILLAGE NAME

A city or village that has restaurants, food and lodging

City/Village Name

A city or village with restaurants and food

County Boundary

